



## Luton Diving Club Novices Covid Protocol

The safety of anyone involved in the Luton Diving Club Novices Challenge is paramount and will be put first. Specific COVID precautions and measure have been put in place to minimise the transmission risk that competitive activity presents. It is essential that everyone works together to reduce the risk of transmission risk of COVID. We thank you in advance for your cooperation with these protocols.

### Before the Event

- Familiarise yourself with the **Code of Behaviour**
- If you show any COVID symptoms on the day of the competition, you must not attend the competition
- If you have been in contact with an infected person you must not attend the competition until you have received a negative test result
- Each club must issue and collect the Health Declaration for all of their competing divers & their parents (if under 18). The club must then confirm, via email to [recording@lutondiving.co.uk](mailto:recording@lutondiving.co.uk), that all competitors have signed their declaration and are in good health. This email must be sent no earlier than seven days prior to the competition, and no later than 24 hours prior to the start of the first event.
- Volunteers and Officials should return the **Health Declaration** form to John Cripps at [admin@lutondiving.co.uk](mailto:admin@lutondiving.co.uk) no earlier than seven days prior to the event and no later than 24hrs prior to the start of the first event. It is your own responsibility to ensure you have signed the declaration and confirmed you are in good health.

### During the Event

- Everyone must 'check-in' using the QR code posters at the venue
- Everyone must maintain social distancing, where possible
- Mask wearing is encouraged throughout the venue for everyone in attendance, except by divers when training and competing and coaches whilst coaching
- Please use the sanitising stations located in the venue as needed
- Do not share equipment or food



### *Competitor Etiquette*

- Divers are encouraged to 'Arrive, Warm up, Compete and Depart'
  - **Arrive** – Enter the venue no earlier than 5 minutes before your allotted training time. We will not run training or events earlier than that listed in the timetable.
  - **Warm up** – Ensure you maintain social distancing as much as possible and follow the correct queuing procedure for the boards. Once the training time is complete, if you are the first event in your session you will be invited to stay on poolside within your designated area until the start of your event. If you are the second event in your session you must leave poolside. Divers will be invited to sit in the dry dive gym, socially distanced and wearing a mask, until the start of their event. Divers must not go into the spectators' gallery.
  - **Compete** – What it's all about! We're so excited for our divers to compete in the competition and wish you the best of luck! During the event, please maintain social distancing as much as possible and ensure that you keep to the one-way system on poolside. In between dives, please stay within your designated club area on poolside.
  - **Depart** – Once your event is finished, you should leave as soon as possible. We will be presenting medals as soon as the results have been announced.

### *Coach Etiquette*

- Clubs are encouraged to bring a reduced number of coaches at the event where possible, to help reduce the overall numbers on poolside.
- If you do not have a diver in the event or training session, you must leave poolside.
- Whilst coaching, please ensure you are mindful of those around you and maintain social distancing.
- During the competition coaches must stay in their designated club area on poolside.

### *Spectators Etiquette*

- Spectators must maintain social distancing, use the sanitiser provided/bring your own, wear a mask and keep within their club bubbles, where possible.
- It is strongly advised that each athlete does not have more than one spectator in attendance.



- We understand you will be keen to watch the competition after a long hiatus – but, we request that you only come into the venue to watch your diver's competition (or other divers whom you may be chaperoning).
- There will be a member of our events team monitoring the gallery to ensure it does not become over-crowded.
- Spectators should only stay for the event in which their diver is competing and then leave as soon as the event has concluded.
- There will be no event programmes on sale and there will be no charge to enter the spectator's gallery to encourage the above etiquette, donations are welcome.
- Parent(s) picking up divers following their event are kindly asked to meet their diver outside the entrance of the facility, unless they need to assist the diver in the changing rooms due to the diver's age. This is to prevent any unnecessary congregating within the complex and to maintain social distancing.

#### *Poolside Etiquette*

- Areas will be allocated poolside, so that clubs can maintain their own bubbles.
- Dive sheets must be placed in the designated box on poolside. Please bring your own pen to sign your dive sheets.
- No eating on poolside

#### *Volunteers and Officials Etiquette*

- Volunteering positions and judging seats will be set up in a socially distant way – please do not move the chairs.
- Only recorders allowed in the office – a box will be provided on poolside to deposit dive sheets
- The JPADS will be placed on the judging seats for each judge before the start of each competition. Please leave the JPADS on the seat once the competition is finished
- JPADS and seats will be sanitised between events