

SHIPLEY NOVICES

2015

14th & 15th March



BRADFORD ESPRIT

*ShIPLEY Pool
Alexandra Road
ShIPLEY
BD18 3ER*

Closing Date for Entries is the 8th February 2015

For more information please contact:
Shân Veasey,
Diving Development Manager,
Bingley Pool, Myrtle Place,
Bingley, BD16 2LF, 01274 438787
Email: shan.veasey@bradford.gov.uk



Trojan

PLANT EQUIPMENT LIMITED

Demolition, Recycling & Quarry Equipment

Event Conditions - Ages at 31st December 2015

Boys & Girls - Group F (7 yrs & Under)		
Platform	Skill	DD
Poolside	101A	1.0
	200C with Armswing	1.0
1m	Optional Dive from list A	Fina DD Unless stated
	10B - Fwd Pike Fall Hands Grabbed	1.0

Boys & Girls - Group E (8/9) / D (10/11) / C (12/13)		
Platform	Skill	DD
Poolside	101C	1.0
	200C with Armswing	1.0
1m	Optional Dive from list B	Fina DD Unless stated
	Optional Dive from list B	Fina DD Unless stated
3m	Line Up from List E	As Listed
	Different Line Up from List E	As Listed

Boys & Girls - Group B (14-16)		
Platform	Skill	DD
1m	Choose 3 Dives from 3 different groups from list C	Fina DD unless stated
3m	Choose 2 Dives from list D	Fina DD unless stated
	1 Line up from list E	As Listed

Dive Lists

List A: 101C, 401C, 201C, 10B (1.0), 20A* (1.0)

List B: 20A* (1.0), 101c/b, 201c/b, 301c/b, 401c/b, 103c/b

List C: 101c/b, 201c/b, 301c/b, 401c/b, 102c/b, 402c/b, 202c/b, 302c/b, 103c/b, 403c, 203c, 303c, 5122d, 5221D, 104c

List D: 101c/b, 201c/b, 301c/b, 401c/b, 103c/b, 403c, 203c, 303c, 5132D, 5231D, 105c

List E: 10B (1.0), 11C**** (1.2), 10A (1.3), 21C** (1.3), 20A*** (1.4)

Note

- Any Two of the Above Line-ups can be used, Back Line-up is not Compulsory.
- Groups F to C: Forward and Reverse skills may be performed using the following: Standing take off, 2 bounce start or a Hurdle Step Approach

INSTRUCTIONS FOR LINE-UPS

* 20A performed from the 1m board may be performed with arms raised or on thighs at the start

** Back Tuck Roll will be performed from a Crouch Position on Toes (Not sitting)

*** Back fall from 3m should be performed with arms down at the start

****Fwd tuck roll may be performed with or without a pike out

Ineligibility Clause

Any Diver that has competed in Elite Junior Nationals is ineligible for this event. Any Diver that has competed at National/Regional Age groups is ineligible for this event.

SAFTEY NOTICE FOR ALL DIVERS AND COACHES

ShIPLEY Pool has a depth of 3.8M under the diving boards, this maybe shallower than your local pool. Please inform your divers of the Pool Depth. The pool also raises to a depth of 1.2m at the swimming pool end, please make sure there is no diving performed in this area of the pool. All Poolside dives should be performed under the 5M Board or poolside locations, within the marked area.

SHIPLEY NOVICES 2015 PROVISIONAL TIMETABLE

TRAINING

Training will be available Friday 14th March between 6-8 pm. Please contact SHAN.VEASEY@BRADFORD.GOV.UK to reserve your training times. Maximum Numbers may apply. Limited training will also be available before each day and during the lunch times.

SATURDAY 14TH MARCH 2015

General training Events 1-4:	10:30 am-12:00 pm
Restricted Training Event 1 & 2:	12:00 - 12:30pm
Start	12:45pm
Event 1	Boys and Girls Group F
Event2	Boys Group B
Restricted training for events 3 & 4	
Event 3	Boys Group C
Event 4	Girls Group D

Approximate finish time of 5.00 pm

SUNDAY 15TH MARCH 2015

General training Events 5-8	09.00 am-10:00 am
Restricted Training Event 5 & 6	10:00 - 10:30am
Start	10.45am
Event 5	Girls Group C
Event 6	Boys & Girls Group E
Restricted Training event 7 & 8	
Event 7	Girls Group B
Event 8	Boys Group D

Approximate finish time of 5.00 pm

COBE Diving Club reserve the right to split or join categories according to entry numbers and alterations to times may occur according to entry numbers.

Judging - Change to the usual format

Clubs will be required to provide a judge for the event. A judging rota will be provided at the event.

Group E & F: Referees for groups E & F will be required to show leniency to these divers and provide regular explanations of the penalties in order to educate the young divers.

Groups D, C & B: These events will have full FINA rules applied.

Team points

Team Points will be awarded as follows 1st, 15pts, 2nd, 12pts, 3rd, 10pts ... to 12th, 1pt. 2 divers to count per club. The winning team will take home the Shipley Novices Trophy, previously won by:

2005:	Edinburgh Diving Club	2010:	Edinburgh Diving Club
2006:	City of Leeds Diving Club	2011:	City of Leeds Diving Club
2007:	City of Leeds Diving Club	2012:	City of Leeds Diving Club
2008:	City of Leeds Diving Club	2013:	City of Sheffield Diving Club
2009:	Edinburgh Diving Club	2014:	City of Sheffield Diving Club

**Each event will be preceded by parades & followed by a presentation of medals
Top 3 Divers will be awarded medals and there will be Certificates for all Participants**

Accommodation Information

Abbey Guest House:

62 Kirkgate, Shipley: 01274 583854 — This hotel has 45 rooms and is 100yds from the pool for further details contact: abbeylodgebradford@email.com

Clifton Lodge Guest House:

75 Kirkgate, Shipley: 01274 580509 - 12 rooms and 100 yds from the pool.
Double/Twin £40, Triple/Family £60 Email: viccifoster82@yahoo.co.uk

Mecure Hotel:

Bradford Road Bingley, BD16 1TU Tel: 08448159004 Email: info@mercurebradford.co.uk
Cost for block bookings will be sent upon request contact Dean 07771 808 905

Directions to Shipley pool

At the end of M606 (From M62), At the roundabout, take the third exit onto A6177 for 0.6 miles, At the roundabout, take the third exit onto A641 for 1.5 miles, At the roundabout, take the first exit onto A6181 for 0.7 miles, Bear left onto Slip Road for 0 miles, Turn left onto A650 for 2.5 miles, Turn right onto Saint Paul's Road for 0.2 miles, Turn right onto Back Kirkgate for 0.1 miles, Arrive at the pool for 0 miles

HOW TO ENTER THE EVENT

To enter the Event, Bradford Esprit requests that all clubs complete their entries on the entry form sent with this pack to be submitted either electronically or in the post. Late entries will be subject to a late fee of £5 per diver. Please complete the entry form fully with correct spelling as this information will be used for the program. Payments should be made payable to 'Bradford Esprit'.

Please supply an email address and phone number which should be used in case of queries or to contact clubs in the event of the timetable changing from the provisional

Deadline for Entry is Sunday 8th February 2015

Entry fee per Diver is £8.50

To pay by BACS please use these account details:

Sort Code: 05-05-30

Acct No: 35015857

Reference: Your Club Name

The Divesheet deadline is Friday 8th March 2015

Dive sheets should be submitted electronically on Diverecorder. Changes to divesheets will only be allowed prior to the start of the session. Go to

www.diverecorder.co.uk

follow the instructions for entering divesheets.