

ASA East Region (Level 2) Regional Skills Diving Competitions 2015

Sunday, 7th June 2015, 9:00 am – 3:40 pm

Inspire: Luton Sports Village

Programme - Timetable

(Dive sheets to be signed and handed to the recorders atleast 30 minutes before the event they relate to, we may run up to 30 minutes ahead of these published times)

09:00	09:40	<i>Restricted Training for Group C Divers</i>
09:40	09:50	<i>Technical Meeting for Coaches, Judges & Marshalls</i>
09:50	09:55	<i>Parade of Group C Divers</i>
09:55	11:20	Event 1 Girls & Boys Group C
11:20	12:00	<i>Restricted Training for Group D & E Divers</i>
12:00	12:10	<i>Presentation of Medals for Event 1</i>
12:10	12:15	<i>Parade of Group D & E Divers</i>
12:15	13:30	Event 2 Girls & Boys Groups E & D
13:30	14:10	<i>Restricted Training for Group B Divers</i>
14:10	14:20	<i>Presentation of Medals for Event 2</i>
14:20	14:25	<i>Parade of Group B Divers</i>
14:25	15:20	Event 3 Girls & Boys Group B
15:20	15:40	<i>Presentation of Medals for Event 3</i>
15:40		Finish

With thanks to Inspire: Luton Sports Village for their help with this event.