



# The 2014 National Skills Finals

## Event information and Entry Form

### **Ponds Forge International Sport Centre**

### **3<sup>rd</sup> & 4<sup>th</sup> May 2014**

It is with great pleasure that we invite you and your divers to Sheffield to compete in the 2014 ASA National Skills Finals; hosted this year by the North East Region.

Please send your entry to:  
National Skills Entry  
Ann Barker  
9 Edwin Avenue  
Guisley  
West Yorkshire  
LS20 8QJ  
[annbarker@aol.com](mailto:annbarker@aol.com)

Late entries will incur a £30.00 penalty fine.

All the information that you require is enclosed but if you should have any further questions then please do not hesitate to contact me on:

Email: [gail@csdprint.co.uk](mailto:gail@csdprint.co.uk)  
Tel: 07801 980436

We look forward to welcoming you to Sheffield and a great weekend of diving.

Gail Harrison  
Event Co-ordinator  
Diving Manager, North East Region

# 2014 ASA National Skills Finals

## The Events

The events will be run under ASA Laws and the FINA Technical Rules of Diving. Events and Age Groups (Age as at 31st December 2014) will be as follows:

### **Poolside, 1m & 3m:**

Group E – 8/9 Years

Group D – 10/11 Years

Group C – 12/13 Years

### **1m & 3m:**

Group B+ = 14/16 Years

## Entry Fees

The entry fees are £10.50 per diver, per event. The entry fees must be paid at the time of entry. Please make cheques payable to 'North East Region'. Please make club payments if possible. A club entry form is also attached for club entries, a club cheque will be accepted. There will be a late entry fine of £30.00 per diver for entries not received by Friday 11<sup>th</sup> April 2014. Divers will not be allowed to compete in the events until this fine is paid.

## Programme

Exact timings will be determined once all the entries have been received and numbers are known. However, a provisional timetable is shown below. The organisers reserve the right to change events to single age groups in the event of large numbers of entries. Any changes will be notified within 1 week of the closing date.

## Provisional Schedule of Events

**NB: On Friday 2<sup>nd</sup> May 2014 Open Training will be available at the pool from 1600 am until 19:00 pm.**

### **SATURDAY 3<sup>rd</sup> May 2014**

Training From 8 am

Group E Girls

Group E Boys

Group C Girls

Group C Boys

### **SUNDAY 4<sup>th</sup> May 2014**

Training From 8am

Group D Girls

Group D Boys

Group B Girls

Group B Boys

Category	Board Height	Event Conditions		Recommended Standard
<b>Age Groups E, D &amp; C</b>	Section 1. <i>Poolside</i>	Plain header (3 bubble rip) 101A Armswing back jump tucked 200C Forward dive with tuck 101C Armswing forward jump pike 100B	1.0 1.0 1.0 1.0	<b>Group E 235</b>
	Section 2. <i>1m</i> <b>Group E and D only</b>	Two bounce straight jump 100A Armswing back jump straight – T position start 200A 1 dive from list A (Forward/Inward) 1 dive from list B (Back/Reverse)	1.0 1.0 dd to count dd to count	
	Section 2 <i>1m</i> <b>Group C only</b>	Hurdle step Straight Jump 100A Arm swing back jump straight – T position start 200A 1 dive from list A 1 dive from list B	1.0 1.0 dd to count dd to count	<b>Group C 265</b>
	Section 3. <i>3m</i>	Forward fall straight 10A Sitting forward tuck roll 10C Standing back fall straight 20A Crouched back tuck roll 20C	1.2 1.2 1.4 1.3	

**List A**

101c\*, 101b\*, 103c\*, 103b\*, 401c, 401b

**List B**

Back fall straight 20A (1.0), 201c, 201b, 301c\*, 301b\*

Dives in list A and B with \* are to be performed standing with a T start arm swing OR a 2 bounce start. All back take offs are to be performed with a T start arm swing.

	Board Height	Event Conditions		Recommended Standard
<b>Age Group B+</b>	Section 1. <i>1m</i>	3 skills from list C 3 skills from list D (at least 2 groups must be covered from each list)	dd to count  <i>dd to count</i>	<i>Group B</i>  <i>290</i>
	Section 2. <i>3m</i>	4 skills from list E (at least 2 groups must be covered) 1 fwd line up from section 3 above. 1 back line up from section 3 above.	<i>dd to count</i> dd to count dd to count	

**List C (1m)**

101c, 101b, 103c, 103b, 401c, 401b, 402c, 403c – repeats permitted (1.0) \*

**List D (1m)**

201c, 201b, 301c, 301b, 5221d, 5122d, 202c, 203c – repeats permitted (1.0) \*

**List E (3m)**

101c, 101b, 103c, 103b, 401c, 401b, 403c 201c, 201b, 301c, 301b – repeats permitted (1.0) \*

**\* Dives of the same number are considered to be a repeat, even if they are in a different shape**

This event runs in a “circuit” format, with groups of competitors, simultaneously competing on 1m, 3m and poolside, enabling 12 skills to be competed in the same amount of time as 4 skills. The winner is the diver with the highest combined points total from ALL stations added together.

Please consider the following eligibility clauses carefully when selecting events for your divers.

### **ELIGIBILITY**

1. A diver may compete at Skills finals and ASA Age Groups this year if they have been a registered competitor for less than 2 years. If they have been registered for longer than that they need to decide whether to compete at Skills finals or ASA age groups.
2. Once a diver has competed at ASA Age Group level they are excluded from competing at future Skills finals, except with written approval from the ASA Diving Committee when moving into the B+ age group.
3. If a diver has competed at Elite Junior Championships they are not eligible to compete at future ASA Age Groups, except with written approval from the ASA Diving Committee when moving up an age group.
4. If a diver has competed at any Senior Championships they are not eligible to compete at future ASA Age Groups.

Failure to comply with these conditions will result in disqualification

We recommend that divers do NOT move up more than one diving level within a single year

### **Qualification Scores**

**SCORES** – Scores are set by a National Technical Panel and reviewed annually. All scores continue to be recommended scores for 2014; however it is strongly advised that all coaches encourage their divers to achieve their required score at one or more of the events below.

- » Regional event
- » Last year's National event (as long as they remain in the same age group)
- » Club grand prix event (as long as they are doing the same test)

**STANDARDS** - Coaches fielding divers considered by British Diving Managers to be competing at the wrong level, will be approached by one of British Diving's Managers and given advice on competition selection.

### **Definitions**

Competing/competed – divers are considered to be competing or competed at a certain level if they entered the contest – even if they did not dive due to injury or illness.

For example, if a diver was entered for Senior Nationals but did not dive due to injury, they cannot then compete at the National Age Groups. Or if a diver was entered for the National Age Groups but did not dive due to illness, they cannot then compete at the National Skills Finals.

## **General Conditions**

1. ASA Championships and Competitions shall be competed for under the Laws, Rules, Regulations and Championship Conditions of the Association.
2. The promoter of the 2014 ASA National Skills Finals is the North East Region Diving Committee.

### **Registration / Membership**

3. Entrants must be registered (1) as competitors of the Amateur Swimming Association (ASA), Scottish ASA (SASA) or Welsh ASA (WASA) or (2) as competitors from any country affiliated to FINA, 60 calendar days prior to the commencement of the National Event ("The Meet") for which the diver is entering.
4. Competitors must compete for the club/federation with which they are registered at the time they submit their entry form.

### **Deadlines & Late Entry Fee Fines**

5. The closing date for entry fees and forms shall be 4 weeks prior to the commencement of The Meet (the exact date to be published in the pre-event information).
6. Only an official entry form, with the correct ASA registration number, signed by the performer (or their parent where they are under 18), will be acceptable. Until the correct fee and a signed entry form are received, the competitor is not officially entered and a late entry fine will be applied if the appropriate forms/fees are not received by the deadline.
7. If a diver has submitted an official entry by the deadline but then decides they want to compete in an additional event, the additional entry is treated as a late entry.
8. All entry fees and late fees are non-refundable.
9. The late entry fee fine will only be applied once per Meet, per diver.
10. Divers may submit a late entry up to 15 minutes prior to the published start time of the Technical Meeting of The Meet. In order to be valid, this late entry must be accompanied by a signed entry form (as described in item 8), the correct entry fee and the late fee. Fees and Forms must be submitted to an official member of the Events Management Team (to be named in the pre-event information).
11. No entries, or dive sheets will be accepted after 15 minutes prior to the published start time of the Technical Meeting. See item 19 for Technical Meeting clarification.
12. Failure to submit appropriately signed entry forms and fees (including late fee) 15 minutes prior to the published start time of the Technical Meeting, will render the diver ineligible to compete in the event.

### **Dive Sheets**

13. Electronic dive sheets must be submitted 24 hours prior to the published start time of the technical meeting. If submitted electronically, all sheets must be signed no later than 1 hour prior to start of the session in which that (preliminary or straight final) event appears.
14. Failure to sign the dive sheet may vitiate any protest the diver may make concerning the submitted dive list.
15. Manual dive sheets for ALL events must be submitted no later than 15 minutes prior to the published start time of the Technical Meeting. Dive sheets must be submitted to an official member of the Events Management Team (to be named on the pre-event information).

16. Failure to submit a dive sheet 15 minutes prior to the published start time of the technical meeting, will render the diver ineligible to compete in the event for which they have not submitted a dive sheet. This does not affect the divers' right to change a submitted dive sheet.
17. A provisional time/venue for the Technical Meeting will be published in the pre-event information. If this changes, the finalised time/venue of the Technical Meeting will be confirmed with notices posted on the poolside, before 1pm on the day of the Technical Meeting. If no notices are posted, there is no change to the time/venue of the Meeting. Any changes will also be on the website.
18. Dive sheets can be changed up to 1 hour prior to the start of the Session in which that event is scheduled. After this time, no dive sheet changes are permitted.
19. Moving into subsequent rounds (semi/final etc), dive sheets are automatically generated to replicate the original dive sheet. These dive sheets must be signed immediately after the results have been announced from the previous round. Qualifiers must go directly to the recorders following the announcement of the results. Note – dive sheets for an additional 2 reserve divers will be generated which also need to be signed, in case of the withdrawal of a qualified diver.
20. The deadline for signing a dive sheet for a subsequent round is 30 minutes AFTER the finish of the previous round or 5 minutes before the start of the next round, whichever is earlier. Failure to sign the dive sheet will render the diver ineligible to protest should there be a problem with the dive sheet.
21. These automatically generated dive sheets can be changed in between rounds (prior to semi-final or final), up to 30 minutes AFTER the finish of the previous round or 5 minutes before the start of the next round, whichever is earlier. After this time, no dive sheet changes are permitted.

### **Synchronised Entries**

22. Rules 3-23 also apply to synchronised event entries (except where a diver is REPLACING \* one of the synchronised divers who is already entered, due to injury or withdrawal for another reason). \* The replacement diver must be entered as an official competitor in The Meet already. The request to replace one member of the pairing, must take place no later than the deadline for dive sheet changes for that competition. Requests to replace a diver after this deadline will be declined. Only one replacement per pairing permitted.
23. It is possible for a replacement diver to be used, who is not already an official competitor in The Meet, however they must comply with all conditions from 3-23 and must therefore be entered as an official competitor, no later than 15 minutes before the technical meeting.
24. If both members of a pairing are replaced, this is considered a new entry and is therefore subject to 3-23 above.

### **Miscellaneous**

25. For insurance purposes, only competitors entered in the competition, or those expressly invited by the organiser/promoter of the event, can train at the venue, during the published times/days of the competition.
26. It is the responsibility of the athlete, coach or parent/guardian to obtain event information from the ASA website or to request information be sent by mail (by contacting the ASA Events Office). The ASA will not undertake to inform all registered divers and coaches of forthcoming events & conditions.
27. Information for all events will be available on the website at the beginning of each year. Website address is [www.britishswimming.org](http://www.britishswimming.org) click on disciplines, select diving and select calendar and competition information.
28. It is recommended that entry forms and fees are sent by recorded delivery, or that proof of

posting is obtained to use in the event of a dispute.

29. A typing/publishing error in the above rules within the pre-event information or programme is not grounds for an appeal. These Official Diving Conditions will be published on the website. In the event of a query or dispute, the content of the Official Diving Conditions as published on the website, will take precedence. Where a dispute or query is not covered within these conditions, FINA rules will apply.
30. If any of the above rules are not clear, you must ring the ASA Events Office for clarification.

### **Competition procedure**

31. The FINA international technical rules of diving shall be used in all ASA Diving championships and Competitions wherever possible.
32. Only dives on the FINA degree of difficulty tables, or pursuant with the FINA formula shall be used in all ASA events, with the exception of those dives prohibited by these conditions, or included in these conditions.
33. All diving installations shall be in accordance with the present FINA regulations and approved by a representative of the ASA Diving Committee or ASA Events Office.
34. All boards shall be available, whenever possible, for use by entered competitors, not less than one week before the advertised date of the competitions.
35. The ASA Diving Committee, shall review annually, no later than the 1st November, the application and level of qualifying points, if any, for all Championships and Competitions.
36. Medals shall be awarded in all ASA Diving Championships and Competitions, to the first three placed divers in each competition and where different, to the first three placed English divers.
37. In synchronised pairing, where there is one non-English diver, the pairing is deemed to be non-English.
38. In ASA Championships, trophies shall be awarded to the best placed English diver.
39. In all Conditions for ASA Diving Competitions and Championships, the phrase English diver or English divers shall mean a diver who is a member of and who is representing a club affiliated to the ASA and who is eligible to represent England.
40. Age Group/categories refer to the age the diver will be on 31st December that year.
41. The format for each event can be found on the page which documents the specific event conditions for that event.
42. The winner in each event is the diver with the highest total points scored in the final competition (subject to the English/non-English conditions outlined above).
43. Dives with limit shall not be repeated as dives without limit.
44. All dives of the same number shall be deemed the same dive.
45. Single somersaults may not be performed in any Senior Championships, except from Group 6.
46. Each competitor is entirely responsible for the accuracy of the statements in the list.
47. A protest may not be made against the decision of the referee or any other official regarding the facts of the competition. The referee's interpretation of ASA Law, promoter's conditions of FINA Rules and Regulations must be accepted at the time, but may be the subject of a protest.
48. Anything not covered by these conditions shall be decided by the ASA Diving Committee.

## Other Information

### Training

The pool will be available for training during the following times:

Friday 2 <sup>nd</sup> May	16:00 – 19:00
Saturday 3 <sup>rd</sup> May	The pool is available from 8am specific training times will be
Sunday 4 <sup>th</sup> May	published in the final programme.

### Technical Meeting

A technical meeting will be held on Saturday 3<sup>rd</sup> May at 8:30 am in the Diving Officials Room on poolside

All coaches and officials must attend. Please inform the event staff if you are unable to attend the meeting or you are not able to send a substitute.

### Clothing

During medal ceremonies full club kit or tracksuits must be worn i.e. no towels or bare feet are allowed. **No GB kit is to be worn at any time.**

### Dive Sheets

Divers / Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimize the chance of errors loading the data into the recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets on-line. Please agree with your coach which method you should use.

To submit your dive sheets on-line, browse to [www.diverecorder.co.uk](http://www.diverecorder.co.uk) and follow the instructions. As soon as you complete the on-line submission you will see a success/failure message. If successful you will be sent an automatic email confirming receipt of your details and dives. You can check your submitted dive sheets on line at [www.diverecorder.co.uk/live](http://www.diverecorder.co.uk/live) results page. If you experience problems and need assistance you should email [annbarker@aol.com](mailto:annbarker@aol.com)

Electronic submissions must be made by no later than 9.00 pm on **Thursday 1<sup>st</sup> May 2014**. You will be asked to sign hard copies of these sheets at the venue. These should be available by 2.30 pm on the day prior to the start of the competition.

The deadline for signing of dive sheets is 4.00 pm on the day before the event or 1 hour before the start of a session if you cannot be at the pool the day before. The deadline for dive sheet changes is 1 hour prior to the start of a session. If neither you nor your Coach is able to use the above electronic methods, you can submit hard copy of your lists of dives to the Recorders. The deadline for manual dive sheets is Friday 2<sup>nd</sup> May 2014 at 5.00 pm.



### **The venue**

Ponds Forge International Sports Centre  
Sheaf Street  
Sheffield  
S1 2BP  
**Tel:** 0114 223 3400

### **Refreshments**

Refreshments will be available on site throughout the competition in the Ponds Forge Cafe

### **Some Hotels**

**Premier Inn**  
Sheffield City Centre  
19 Angel Street  
Sheffield  
S3 8LN  
**Tel:** 0871 527 8970

**Hotel Ibis**  
Shude Hill  
Sheffield  
S1 2AR  
**Tel:** 0114 2419600

**Travellodge**  
1 Broad Street  
Sheffield  
S1 2BQ  
**Tel:** 0871 984 6305

### **Photography Disclaimer**

This event will be photographed and static images may be displayed on the website [www.britishswimming.org](http://www.britishswimming.org) or used for publicity purposes. This situation is monitored carefully within a child protection context. British Swimming and the ASA work closely with our experts to ensure that in making these images available to enhance the presentation of the event; we are not putting any children at risk in any way. If you have any concerns regarding the situation prior to the event please contact the ASA National Events Office on 01509 632241 or during the event the diving event management team.

### **Confirmation of entries**

Confirmation of entries will be available on the NER and British Swimming website please check your entry on line prior to the event.

### **Contact Information for the Event**

Gail Harrison Event Co-ordinator <b>Tel:</b> 07801 980436 <b>e:</b> <a href="mailto:gail@csdprint.co.uk">gail@csdprint.co.uk</a>	Ann Barker Head Recorder & Entries <b>e:</b> <a href="mailto:annbarker@aol.com">annbarker@aol.com</a>
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**2014 ASA NATIONAL SKILLS FINALS**  
 (UNDER ASA LAWS & THE FINA TECHNICAL RULES OF DIVING)  
**3<sup>rd</sup> & 4<sup>th</sup> May 2014 Hosted by the North East Region**  
**at Ponds Forge International Sports Centre**

**ENTRY FORM**

Please fill this form in **FULLY** and **CORRECTLY** otherwise your entry will not be accepted.

1. **All ENTRIES MUST BE SENT TO:**  
National Skills Entry C/O Ann Barker, 9 Edwin Avenue, Guiseley, West Yorkshire, LS20 8QJ
2. **CLOSING DATE FOR ENTRY IS FRIDAY 11<sup>th</sup> April 2014.**
3. **£30.00 FINE FOR LATE ENTRY**

**Eligibility:** see notes for eligibility

FULL NAME (IN CAPITALS: )..... MALE / FEMALE D.O.B ...../...../.....

ADDRESS:.....

..... POST CODE:.....

TEL NO:..... EMAIL:.....

NATIONALITY.....NAME OF COACH:.....

NAME OF CLUB (IN FULL: )..... ASA MEMBERSHIP NO \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

PLEASE TICK APPROPRIATE BOX:

<b>Group E - 8/9yrs</b>	<b>£10.50</b>	<b>BOYS</b>	<input type="checkbox"/>	<b>GIRLS</b>	<input type="checkbox"/>
<b>Group D -10/11yrs</b>	<b>£10.50</b>	<b>BOYS</b>	<input type="checkbox"/>	<b>GIRLS</b>	<input type="checkbox"/>
<b>Group C -12/13yrs</b>	<b>£10.50</b>	<b>BOYS</b>	<input type="checkbox"/>	<b>GIRLS</b>	<input type="checkbox"/>
<b>Group B+ -14/16yrs</b>	<b>£10.50</b>	<b>BOYS</b>	<input type="checkbox"/>	<b>GIRLS</b>	<input type="checkbox"/>

Please enter me as a competitor for the competitions above, for which I enclose £10.50 per event in payment of entrance fee. I hereby declare that the above particulars are correct, that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association, and that I will abide by the conditions laid down by the association for these competitions.

Signature of Competitor: .....Date: .....

**COMPETITORS ARE ADVISED TO SEND THEIR ENTRY BY RECORDED DELIVERY TO ENSURE RECEIPT. PLEASE INCLUDE A SELF-ADDRESSES STAMPED POSTCARD IF YOU WOULD LIKE CONFIRMATION OF RECEIPT OF ENTRY.**

**CHEQUES MADE PAYABLE TO 'North East Region'**  
**CLOSING DATE FOR ENTRIES:-FRIDAY 11<sup>th</sup> April 2014**  
**£30.00 FINE FOR LATE ENTRIES**

Completed forms, with fee, should be returned to the following address:  
**National Skills Entry c/o Ann Barker, 9 Edwin Avenue, Guiseley, West Yorkshire, LS20 8QJ**

**DOPING CONTROL**

DIVERS ARE WARNED THAT RANDOM DOPING CONTROL MAY TAKE PLACE DURING THESE COMPETITIONS and if you are under 18 years of age on the first day of the competition you are entering (and not registered with the ASA) your parent/guardian should fill out the following paragraph:

I ..... agree to my son / daughter / ward ..... if selected, being submitted to the doping control rules and protocols approved by the Amateur Swimming Federation of Great Britain and to him / her submitting a sample of urine for analysis by the accredited laboratory.