



Patron: Duke of Cambridge

# National Diving Championships

Information Pack and Entry Form

**Divisions will be part funded by ESSA**

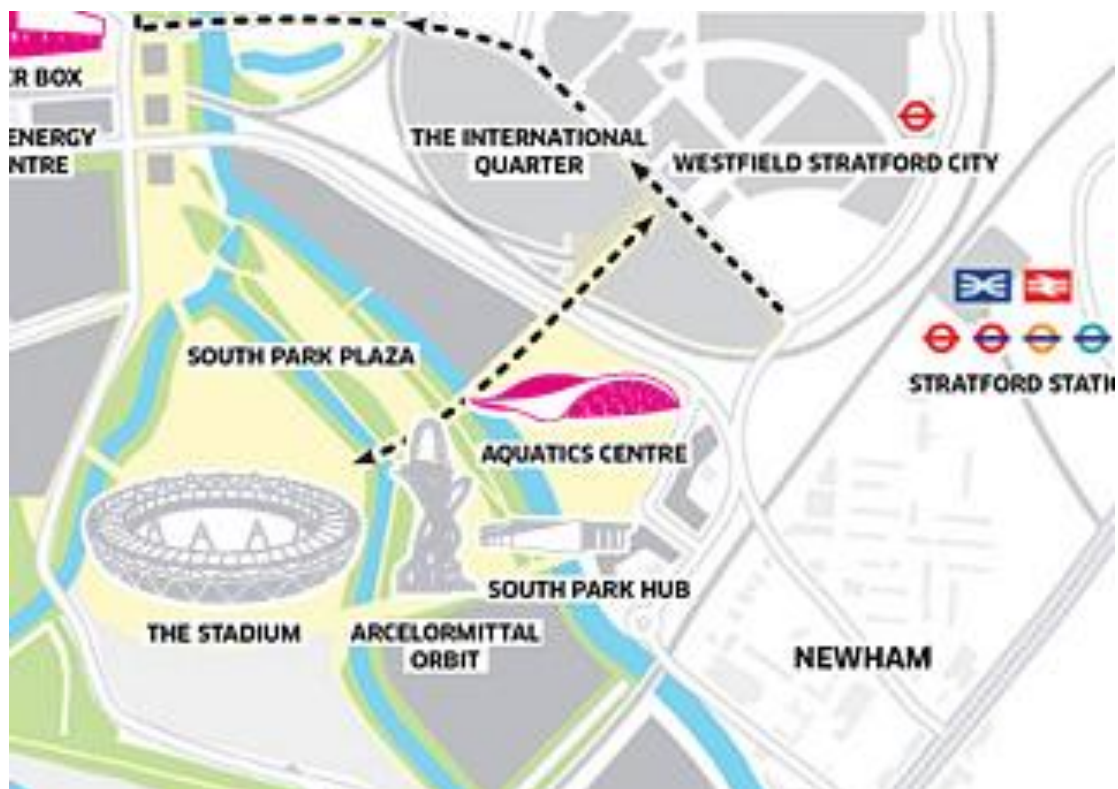
Saturday 8<sup>th</sup> December 2018 (training)

Sunday 9<sup>th</sup> December 2018 (competition)

**London Aquatics Centre**

Olympic Park

London E20 2ZQ



If you are exiting out of Stratford Underground Station – take escalator or lift up to “The Street (which is the outdoor part of Westfield Shopping Centre) – follow it along, bear left past The Cow pub and the Park is directly ahead of you across the road.

## Hotels

### Premier Inn Stratford

9 International Square, Westfield Stratford City, Newham, London E20 1EE

### Travelodge Stratford

High St, London E15 2JG

## Travel to London

Teams are strongly advised to travel to and from London by public transport where possible.

Stratford International Station (Southeastern Trains and the DLR) is situated directly opposite the Premier Inn Hotel.

## Car Parking

Parking is available in the Westfield Centre, E20 1EJ.

The parking charge is £9.50 per 24 hours at the weekend.

Parking at the London Aquatics Centre is limited and there is a daily charge.

## CHANGING FACILITIES

Changing facilities with £1 refundable lockers are situated around the pool.

## Age Groups for Girls & Boys

Ages are as at the beginning of the academic year in which the competition takes place

Age Group	Age		Date of Birth range:	School year (for Information only)	
	From	To		From	To
Primary	9	10	01/09/07 - 31/08/09	5	6
Junior	11	12	01/09/05 - 31/08/07	7	8
Inter.	13	14	01/09/03 - 31/08/05	9	10
Senior	15	17	01/09/00 - 31/08/03	11	13

## Conditions

Primary	3 dives from 3 groups (5.4) + 1 dive without limit	1m
Junior	3 dives from 3 groups (5.4) +2 dives without limit (4 groups must be covered)	1m
Intermediate	3 dives from 3 groups (5.9) + 3 dives without limit (4 groups must be covered)	3m
Senior	3 dives from 3 groups (5.9) + 3 dives without limit (4 groups must be covered)	3m
Primary/Junior – Mixed Synchro	2 dives from different groups @ 2.0 DD + 2 dives without limit (3 groups must be covered)	3m
Intermediate/Senior – Mixed Synchro	2 dives from different groups @ 2.0 DD + 2 dives without limit (3 groups must be covered)	Platform (Any off 5m, 7m, 10m)

## Clarifications

3 entries max per Division per age group per gender

Individual events will run simultaneously with 5-judge panels.

Max of 2 teams (girl & boy) per division in mixed synchro. Divers do not have to have competed in individual events.

Mixed synchro run with 7-judge panels = E1, E2, E3, E4, S1, S2, S3. No repeats.

## H J Finch Trophy

The top diver/team from each division in each event to count towards Division points as follows:

1<sup>st</sup> – 8; 2<sup>nd</sup> – 7; 3<sup>rd</sup> – 6; 4<sup>th</sup> – 5; 5<sup>th</sup> – 4; 6<sup>th</sup> – 3; 7<sup>th</sup> – 2; 8<sup>th</sup> – 1

## Provisional Timetable

Timings will be published after the closing date when numbers are known.

## **Entries**

Please complete the entry form and return it no later than **Monday 12th November.** Return to Betty Allen, 17 Bounds Oak Way, Southborough, Tunbridge Wells, Kent TN4 OTX. E-mail: [betty.allen@talktalk.net](mailto:betty.allen@talktalk.net). & copy to Fran Diaz francisco.diaz@btinternet.com. Please do not be late with your entries!

## **Dive Sheets**

Dive sheets to be submitted via Diverecorder by midnight on Thursday 6<sup>th</sup>. December. Dive sheet changes will be permitted up to 1 hour before the session start. Hard copy dive sheets will be available for collection on arrival at the venue together with team accreditations, to be signed & returned completed by the end of the training session.

## **The Competition**

The FINA Technical Rules of Diving will be used wherever possible.

## **Eligibility**

Divers must be in full time education and be ASA Category 2 registered.

## **Training**

The diving pool will be available for open training between 4.00 – 7.00pm on Saturday 8th December. As requested, the pool will be available on Sunday from 7.00am

## **Technical Meeting**

A technical meeting for coaches and officials will be at 4.00pm on Saturday 9th December. Please ensure each Division is represented. You will be notified of the exact location before arrival or at reception. Accreditations & team information will available at a table in reception.

## **Judging**

Each Division should provide at least one national level judge. All events will be run with 5-judge panels. A judging rota will be compiled at the technical meeting. We want to be flexible with the judging allocation, so if you want to swap with someone then please inform, Ian Macleod, the chief referee, at the technical meeting.

## **Discretion**

The chief referee's decision will be final on any decisions regarding queries, discrepancies or protests specific to this meet.

## **Results and Presentations**

There will be diver parades. Results will be announced in reverse order. Please remind divers to wear their divisional kit along with shorts or trousers when receiving their medals. The presentations will be made by the ESSA President & invited dignitaries.

## **Boundary Divisions**

ESSA is divided into Divisions which follow the ASA's eight regional boundaries: South West, South East, London, East, East Midland, West Midland, North West, North East. A competitor must attend a school or educational establishment in the Division they want to represent.

# ESSA National Diving Championships 2018

## Entry Form Part 1

DIVISION	
CONTACTS	
ADDRESS	
MOBILE	
SATURDAY TRAINING 16.00 – 19.00	
E-MAIL	
COACHES & NATIONAL LEVEL JUDGES	
<b>Closing date: Monday 12th November 2018</b>	

# ESSA National Diving Championships 2018

## Entry Form Part 2

Diver's Name	Female / Male	Date Of Birth	Event(s)	School	Town